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## **Periodontal Plastic Surgery: The Connective Tissue Graft**

In recent times, more and more patients are seen by the dentist for the management of gingival (gum) recession. The days of creating keratinized gingiva for optimal tooth function are long gone. Today, the patients expect increased functionality with optimum esthetics. Connective tissue graft is a predictable periodontal plastic surgery procedure that can meet such expectations. It has the potential to deliver premium esthetics with longterm functional stability.

This lecture will help dentist identify the various types of gingival recession, understand what a realistic outcome is and how different connective tissue grafting techniques and substitutes can be used to in the management of this ever increasing dental problem.

### **Objectives:**

- Identify various types of gingival recession and mucogingival defects
- Understanding limitations, realistic expectations and goals of connective tissue graft
- Connective tissue graft – the tunnel technique and the flap technique
- Use of donor tissue as a substitute for connective tissue graft



### **Dr. Mohammed Javaid**

Dr. Mohammad 'Mo' Ahmad Javaid, completed his Bachelor of Dental Surgery from University of Health Sciences, Pakistan. To further his knowledge in basic sciences and research, Dr. Mo completed Master in Dental Sciences from McGill University, Canada. Following completion of the aforementioned graduate program, Dr. Mo then embarked on the journey for clinical excellence and enrolled in Diploma in Periodontics, a three-year clinical residency program with focus on advanced surgical techniques in Periodontics and Implant dentistry, at The University of British Columbia, Canada. Simultaneously, he also started his second Masters in Craniofacial Sciences at The University of British Columbia. The clinical residency program

together with the research training at McGill University and University of British Columbia, has the laid the foundation for his quest for lifelong learning and professional development. Dr. Mo has cleared the Fellowship of Royal College of Dentists of Canada (RCDC) in Periodontics and is a Fellow with the RCDC. Dr. Mo has also passed the excellence exam of the Diplomate of The American Board of Periodontology (DABP) and is a Diplomate with The American Board. Currently he is an examiner with the Royal College of Dentists of Canada for the Fellowship Exam in Periodontics. He has published many articles in peer reviewed international journals and has contributed to multiple book chapters in internationally published books in the field of periodontics and implant dentistry. Dr. Mo spends most of his time in private practice. However, he is also following his passion for teaching and is currently involved with Graduate Periodontics Department at The University of Alberta in the capacity of Clinical Assistant Professor. He is also associated with the Graduate Prosthodontics Department at the University of British Columbia.

Dr. Mo spends his free time with family, friends, and colleagues. He is an avid fan of bodybuilding, mixed martial arts and anything and everything related to diet and fitness.

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