

2022 ANNUAL CONFERENCE | APRIL 22-23 2022

Manitoba  
**Dental**  
Association



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## **Keynote Address: Anything is Possible!**

### **Sponsored By:**



### **Adam Bighill**

Adam is a well-known American football player and any of us that are die hard Blue Bomber fans know full well the monumental role Adam played in back to back Grey Cup victories for the Big Blue!

At 33 years of age Adam's role on the Blue Bomber defense has earned him numerous awards and accolades including being named the CFL's Most Outstanding Defensive Player 2x. While Adam has an amazing athletic career and story to share about football, he also has a story of challenges and success as someone who was born with a bi-lateral cleft lip and palate.

Adam and his wife Kristina have also recently welcomed a new family member Beau Bighill. Beau too was born with the same condition. Adam has an incredible story to share including the challenges he faced growing up. With the support of his family he was determined to reach his dream of being a professional football player. In Adam's words from a recent article in the Winnipeg Sun, "At the end of the day, my parents raised me well and gave me a lot of support, gave me a lot of confidence. I leaned on my dad for a lot of advice. By no means is it a life-long disability where you're different from anybody else and you can't achieve anything that anyone else can. Adam shared they will access the medical services offered in Manitoba to support young Beau's development.

